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WGU D115 Objective Assessment (New 2023/ 2024) |Advanced Pathophysiology for the Advanced Practice Nurse| More than 400 Grade A Questions and Verified Answers|100% Correct

QUESTION

Inflammation and swelling of the 7th cranial nerve with resultant unilateral facial muscle paralysis is called:
A) Bells' palsy
B) Temporal arteritis
C) Facial droop
D) Trigeminal neuralgia

Answer:
A) Bells' palsy
These symptoms describe Bell's palsy, which is thought to be caused by a virus. The sudden onset of facial paralysis usually resolves within 2 weeks but can endure for months. A few patients may have residual effects.

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QUESTION

The nurse practitioner caring for a patient with a recent TIA understands that:
A) Long-term anti platelet therapy is likely indicated.
B) This person has a relatively low risk of future stroke.
C) Women present with this disorder more often than men.
D) Rehabilitation will be needed to minimize the effects of the resulting neurological insult.

Answer:
A) Long-term anti platelet therapy is likely indicated.
the most common treatment following a TIA is antiplatelet therapy. The most frequently used anti-platelet medication is aspirin. Aspirin is also the least expensive treatment with the fewest potential side effects. An alternative to aspirin is the anti-platelet drug clopidogrel.

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QUESTION

The nurse practitioner is providing care for a patient with post-traumatic stress disorder (PTSD). The NP anticipates that all of the following will be reported except:
A) Agoraphobia.
B) Feeling of detachment.
C) Hyperarousal.
D) Poor recall of the precipitating event.

Answer:
D) Poor recall of the precipitating event.
Post-traumatic stress disorder (PTSD) is a mental health condition that's triggered by a traumatic event. Symptoms include flashbacks, nightmares, anxiety, avoidance, feelings of detachment, and states of hyperarousal.

QUESTION

A 22-year-old woman has a new onset of panic disorder. As part of her clinical presentation, you expect to find all of the following except:
A) Peak symptoms at 10 minutes into the panic attack.
B) History of agoraphobia.
C) Report of chest pain during the panic attack.
D) History of thought disorder.

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Answer:
D) History of thought disorder
DSM-5 criteria for panic disorder include the experiencing of recurrent panic attacks, with 1 or more attacks followed by at least 1 month of fear of another panic attack or significant maladaptive behavior related to the attacks. A panic attack is an abrupt period of intense fear or discomfort accompanied by 4 or more of the 13 systemic symptoms.

QUESTION

The nurse practitioner examines a 29-year-old woman who has sudden onset of right-sided facial asymmetry. She is unable to close her right eyelid tightly, frown, or smile on the affected side. Her examination is otherwise unremarkable. Which represents the most appropriate diagnostic test for this patient?
A) CBC with WBC differential
B) Lyme disease antibody titer
C) CT scan of the head with contrast medium
D) BUN and nitrogen levels

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Answer:
B) Lyme disease antibody titer
Late symptoms of lyme disease include headache, neck stiffness, facial palsy, joint pain and swelling, dizziness, SOB, and nerve pain.

QUESTION

An 18-year-old college freshman is brought to the student health center with a chief complaint of a 3-day history of progressive headache and intermittent fever. On physical examination, he has positive Kernig and Brudzinski signs. The most likely diagnosis is:
A) Viral encephalitis
B) Bacterial meningitis
c) Acute subarachnoid hemorrhage
D) Epidural hematoma

Answer:
B) Bacterial meningitis
Kernig's sign, Brudzinski's sign, and nuchal rigidity are bedside diagnostic signs used to evaluate suspected cases of meningitis.

QUESTION

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A 32-year-old woman is seen in the emergency department complaining of a severe headache and nausea. She reports a history of headaches off and on for the past several months, typically unilaterally and without warning. In addition, she reports that the headaches occur at varying times of the day. Based on this brief history, the nurse practitioner suspects that the woman may have:
A) CPH
B) Tension type headaches
C) Migraine headache
D) Cluster headaches

Answer:
C) Migraine headache
Migraine headaches can cause throbbing in one particular area that can vary in intensity. Nausea and sensitivity to light and sound are also common symptoms.

QUESTION

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An 18-year-old patient has recently been diagnosed with schizophrenia. During a follow up visit, his mother expresses feelings of stress, hopelessness, and insomnia. She is concerned that these symptoms will impact her ability to care for her son. The mother is likely experiencing:
A) Depression
B) General anxiety disorder
C) Bipolar disorder
D) Panic attacks

Answer:
A) Depression
Common symptoms of depression include hopelessness, loss of interest or pleasure in activities, sadness, irritability, restlessness, isolation, insomnia or excessive sleeping, fatigue, loss of appetite, lack of concentration, thoughts of suicide, poor appetite and weight changes.

QUESTION

The nurse practitioner is caring for a person who has experienced pain for 3 days. What signs would the professional note if the patient has anxiety in addition to the pain?
A) Fever and muscle weakness
B) Irritability and depression
C) Decreased blood pressure and fatigue
D) Increased heart rate and respiratory rate with diaphoresis

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Answer:
D) Increased heart rate and respiratory rate with diaphoresis
The cycle of pain and anxiety can include physical findings such as perspiration, elevated heart rate, and rapid breathing.

QUESTION

The nurse practitioner is caring for a patient who was rewarmed after suffering from hypothermia. What possible long-term complication should the NP continue to assess the patient for?
A) Acidosis
B) Dysrhythmias
C) Shock
D) Renal failure

Answer:
D) Renal failure

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